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The Freeze

16 count, 4 wall, Beginner

Choreographer Unknown (USA)

Choreographed To
(Not Specified)

Section 1 Right Grapevine With Hitch.

- 1 Step Right Foot To Right Side.
- 2 Cross Left Foot Behind Right.
- 3 Step Right Foot To Right Side.
- 4 Hop On Right Foot And Hitch Left.

Section 2 Left Grapevine With Hitch.

- 5 Step Left Foot To Left Side.
- 6 Cross Right Foot Behind Left.
- 7 Step Left Foot To Left Side.
- 8 Hop On Left Foot And Hitch Right.

Section 3 Walk Back And Hitch.

- 9 Step Back On Right Foot.
- 10 Step Back On Left Foot.
- 11 Step Back On Right Foot.
- 12 Hop On Right Foot And Hitch Left.

Section 4 Forward And Back.

- 13 Step Forward On Left Foot.
- 14 Rock Back On Right Foot.
- 15 Rock Forward On Left Foot.
- 16 Hop On Left Foot, & Make A 1/4 Turn Left.

Choreographers Notes :

Dance it to any 4 x 4 beat music at about 130 bpm
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